


















Swallow School Lunch Menu

Menus are subject to Change without Notice

February 2010

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
 <p>1</p> <p>Chicken Nuggets Split Pan Roll Peas and Carrots Mixed Fruit</p>	<p>LUCKY LUNCH 2</p>  <p>Hot Ham/Cheese Sandwich Tater Tots Pickle Spears Diced Peaches & Pears Ice Cream Cup</p>	 <p>3</p> <p>* Mini Corn Dogs Baked Beans Strawberries Juice Bar</p>	<p>BURGER BAR 4</p>  <p>BUILD-YOUR-OWN BURGER on a Bun French Fries Chilled Sliced Peaches</p>	<p>LUCKY LUNCH 5</p> <p>Fajita Chicken or Beef & Bean Burrito Choice of Taco or Soft Tortilla Shells Whole Kernel Corn Pineapple & Apricots</p>
 <p>8</p> <p>Mozzarella Pizza Dippers Marinara Cup Seasoned Green Beans Chilled Diced Pears and Pineapple</p>	<p>Taco Bar Tuesday 9</p>  <p>**Taco Meat/Cheese Choice of Taco or Soft Tortilla Shells Orange Rice Whole Kernel Corn Sliced Peaches & Pears</p>	<p>10</p> <p>EARLY RELEASE DAY</p> <p>12:00 NOON</p> <p>NO LUNCH SERVED</p>	<p>LUCKY LUNCH 11</p>  <p>Chili/Cheese Stick Baked Potato Broccoli with Cheese SOFT PRETZEL Mandarin Oranges</p>	<p>WEAR RED DAY 12</p>  <p>Heart Shaped Chicken Nuggets Split Pan Roll Carrot Coins Rosy Applesauce Red Jell-o Fluff</p>
<p>15</p> <p>NO SCHOOL</p> <p>MID-WINTER BREAK</p>	<p>16</p>  <p>Breaded Chicken Patty or Hot & Spicy Chicken Patty on a Bun California Blend Vegetables Bagged Apple Slices</p>	<p>17</p>  <p>Tony's Cheese Pizza Garlic Bread Slice Green Beans Strawberries</p>	<p>18</p>  <p>*Mini Corn Dogs Potato Wedges Applesauce Cup Sherbet Cup</p>	<p>CRAZY HAT DAY 19</p>  <p>Popcorn Chicken Bread Stick Whole Kernel Corn Mashed Potatoes</p>
<p>22</p>  <p>Ham/Turkey/Cheese on Sub Bun Baked Doritos Carrot Sticks Diced Pears & Pineapple LUCKY LUNCH</p>	<p>Original Nacho's 23</p>  <p>**Taco Meat Tortilla Chips Nacho Cheese Sauce Refried Beans Whole Kernel Corn Strawberry Cup</p>	<p>24</p>  <p>*Hot Dog on a Bun Baked Beans Rosy Applesauce Cookie</p>	<p>LUCKY LUNCH 25</p>  <p>Spaghetti with Meat Sauce Bread Stick Mixed Vegetables Sliced Chilled Peaches Jell-o Fluff</p>	<p>Breakfast for Lunch 26</p>  <p>French Toast Sticks Egg Cheese Omelet Tri-Tater Mandarin Oranges</p>
<p>Parents: Students are</p>	<p>throwing away silverware.</p>	<p>Could you please</p>	<p>remind them to place</p>	<p>silverware on the silverware cart.</p>
<p>All Hot Lunches include Milk. Choices available: Skim Chocolate Skim Strawberry 2% Skim Milk Price: 25¢ a la carte All lunches include Food Bar Containing Over 15 Extra Nutritious Items!!!!!!!!!!!!</p> <p>*Contains: *Turkey/** Pork</p>	<p>Student Hot Lunch Prices: \$1.90 per meal with Food Bar 5 days = \$9.50 10 days = \$19.00 15 days = \$28.50 20 days = \$38.00 170 days = \$323.00 Extras : Students will be charged \$1.00 a la carte per extra entrée. Seconds on Potatoes/Fries 50¢ Breadsticks/Biscuits 25¢</p>	<p>Adult & Non- Student Hot Lunch Prices: \$2.25 per meal with Food Bar A la Carte Salad Boat \$1.25 Parents and Guests: We ask that you please bring exact amount for your hot lunch purchases due to fluctuating money amounts available to make change.</p>	<p>Parents: If you would like to eat lunch with your student, please call the Kitchen BEFORE 9:30a.m. 367-2000 ext.110</p> <p>Attention: Parents, siblings, and other guests, may NOT use a student lunch account to purchase meals.</p>	<p><i>Wear Your Swallow Spirit Wear Every Friday!</i></p> <p>Please send money for students account as needed. Thank You☺</p> <p>Menus subject to change Without notice.</p>

