












Swallow School Lunch Menu

Menus Subject to Change without Notice

MUSICAL MARCH 2010

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>BURGER BAR 1 Build your own Beboppin' Burger On a Bun  or Grilled Chicken Patty French Fries Chilled Sliced Peaches</p>	<p>Dr. Seuss's Birthday 2 Zoo Animal Chicken Nuggets Split Pan Roll California Blend Vegetables Rosy Applesauce BIRTHDAY TREAT </p>	<p>Toe Tappin' Taco Bar **Taco Meat/Cheese or Bean & Beef Burrito Orange Rice Choice of Taco or Soft Shell Tortilla Shells Whole Kernel Corn Pears & Peaches</p>	<p>!!!!LUCKY LUNCH!!!! 4 Boogie Woogie Ham Slices on a Bun Dolphin Crackers Tater Tots Pineapple & Apricots Jell-o Fluff !!!!LUCKY LUNCH!!!!</p>	<p>MOZART LOVER'S 5  Mozzarella Pizza Dippers Pizza Sauce Seasoned Green Beans Apple Crisp</p>
<p>Polka Down with 8  Tony's Cheese Pizza Garlic Bread Stick Seasoned Green Beans Pineapple & Diced Peaches</p>	<p>Crescendo 9 Breaded Chicken Patty or Hot & Spicy Chicken on a Bun Carrot Coins Applesauce Cup</p>	<p>Breakfast for Lunch 10  Egg/Cheese Omelet Cinnamon Roll French Toast Sticks Tri-Tater Mandarin Oranges</p>	<p>Sassy Soprano 11  Spaghetti with Meat Sauce Garlic Bread Slice Broccoli Chilled Diced Peaches</p>	<p>12 Early Release Day 11:30 a.m. No Lunch Served</p>
<p>15 Tyson Poppin' Percussion Popcorn Chicken Buttery Biscuit Mashed Potatoes Carrots Mixed Fruit</p>	<p>GROOVIN' 16 <i>Original Super Nacho's</i> ** Taco Meat Nacho Cheese Sauce Refried Bean Dip Whole Kernel Corn Mandarin Oranges</p>	<p>WEAR GREEN 17  Hip Hop *Hot Dog on a Bun Baked Beans Green Applesauce Lime Sherbet</p>	<p>BRAVO 18 POTATO BAR Baked Potato Ham/Cheese/Chili Toppings Soft Pretzel Broccoli with Cheese Strawberry Cup</p>	<p>Fiddling 19 Fun Fish/Roll or Toasted Cheese Sandwich Zesty Tomato Soup Oyster Crackers Pickle Spears Sliced Pears & Peaches !!!LUCKY LUNCH!!!!</p>
<p>22  Opera *Mini Corn Dogs Mixed Vegetables Chilled Sliced Pears</p>	<p>23 Early Release Day 12:00 Noon No Lunch Served</p>	<p>SWINGIN' 24 Mozzarella Pizza Dippers with Pizza Sauce Rotini Pasta Salad Seasoned Green Beans Colorful Applesauce</p>	<p>CHA CHA 25  Chicken Nuggets or Oven Baked Chicken Split Pan Roll Peas and Carrots Strawberries</p>	<p>Classical 26 Red Baron French Bread Cheese Pizza Whole Kernel Corn Mixed Fruit Jell-o Fluff</p>
<p>Sweet Harmony 29 !!!!LUCKY LUNCH!!!! Turkey/Ham/Cheese/Bun Baked Doritos Bagged Apple Slices Carrot Sticks</p>	<p>Ostinato 30 Egg/Cheese Omelet French Toast Sticks Cinnamon Roll Tater Tots Mandarin Oranges</p>	<p>Tyson Funky 31 Popcorn Chicken Bread Stick California Blend Vegetables Apple Crisp</p>	<p></p>	<p></p>
<p>All Hot Lunches include Milk. Choices available: Skim Chocolate Skim Strawberry 2% Skim Milk Price: 25¢ a la carte All lunches include Food Bar Containing Over 15 Extra Nutritious Items!!!!!!!!!!!! *Contains: *Turkey/** Pork</p>	<p>Student Hot Lunch Prices: \$1.90 per meal with Food Bar 5 days = \$9.50 10 days = \$19.00 15 days = \$28.50 20 days = \$38.00 170 days = \$323.00 Extras : Students will be charged \$1.00 a la carte per extra entrée. Seconds on potatoes/fries 50¢ Bread Sticks/Biscuit 25¢</p>	<p>Adult & Non-Student Hot Lunch Prices: \$2.25 per meal with Food Bar A la Carte Salad \$1.25 Parents and Guests: We ask that you please bring exact amount for your hot lunch purchases due to fluctuating money amounts available to make change.</p>	<p>Parents: If you would like to eat lunch with your student, please call the Kitchen BEFORE 9:30a.m. 367-2000 ext.110 Attention: Parents, siblings, and other guests, you MAY NOT use student lunch account to purchase meals.</p>	<p><i>Wear Your Swallow Spirit Wear Every Friday!</i> Please send money for students account as needed. Thank You© Menus subject to change Without notice.</p>

